



## ÉCOLE QUARTERWAY

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1632 Bowen Road  
Nanaimo, BC, V9S 1G6

Telephone 250 754 6845  
Fax 250 754 6871

Dear Quarterway families,  
I hope this communication finds you and your loved one well.

### **PARENTS CORNER:**

The **Ministry of Education and Child Care**, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, founder of Open Parachute, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use.

### **Key Takeaways for Participants:**

- Learn why children/teenagers are drawn to substances.
- Understand what causes and maintains substance use disorder and needs.
- Increase your child's ability to make positive choices about substances.
- Acquire practical conversation tools for discussing substances in the home.

**Participants must register in advance due to limited capacity. Session dates are:**

- February 20, 6:00 – 7:30 pm PST - [Click here to Register](#)
- February 22, 6:00 – 7:30 pm PST – [Click here to Register](#)
- February 28, 6:00 – 7:30 pm PST - [Click here to Register](#)

### **SPORTS CORNER**

#### **BASKETBALL SEASON**

Basketball season is here! Thank you to all our coaches and our sponsors. We still need volunteers' referees for our games.

#### Grade 7 boys

- Monday practices 2:30 - 4:00 pm at Quarterway
- Wednesday games 2:45-3:45 pm wherever game takes place

#### Grade 7 girls

- Tuesday practices 2:30-4:00 pm at Quarterway
- Thursday games 2:45-3:45 pm wherever game takes place

#### Grade 6 boys

- Wednesday mornings - 7:45-8:30 am at Quarterway

#### Grade 6 girls

- Friday afternoons 2:30-4:00 pm at Quarterway



## **Read-A-Thon: 20 Mins of reading Feb 5th – Feb 18th**

Pledge sheets coming home on Monday, Jan 22nd! The Read-A-Thon will run from Feb 5th to 18th, with students reading for at least 20 mins a day for the two-week period. Lots of prizes to be won! All money raised will go towards improving our library and our book collection.

Other upcoming literacy activities to take part in:

- Jan 29-Feb 16: Teach Your Pet To Read
- Feb 12-Mar 8: Forest of Reading/ Battle of the Books



## **WINTER IS HERE:**

This is a friendly reminder that there is no sledding at school during school hours starting from 8:30 am to 2:40 pm. Sledding before 8:30 am and after 2:40 under parent supervision, is acceptable. Thank you for your cooperation on this matter.

## **MUSIC CORNER:**

For more information on upcoming music concerts regarding other grades' performances, please follow the link below.

[Music Newsletter](#)

[Concert Tab of Music Concert Website](#)

## **DRESS FOR THE WEATHER:**

Rain or shine, we will be having recesses outside. Please ensure that your child(ren) are dressed appropriately to be outside every day. A pair of indoor shoes is also a necessity as the weather becomes rainy. Changing out of our wet and muddy boots helps keep our school clean for everyone.

## **ABSENCES**

If your child is absent from school or you know of dates your child will be away, we would ask you to please email the school at [info.qw@sd68.bc.ca](mailto:info.qw@sd68.bc.ca) or please call by 8:35 am at 250-754 - 6845. If we are unavailable to take your call, please leave a detailed message on our answering machine. Your child's safety is of the utmost importance to us.

## **DROP OFF AND PICK UP**

The school provides supervision 15 minutes before school and after school. Students should not arrive at school prior to 8:30 am. Similarly, please ensure that your child(ren) is picked up at the end of the day by **2:26 pm**. If you know you will be late, please contact the office a minimum of 15 minutes before the end of the day, so that the office staff can locate your child and relay the message.

We would ask parents, as well as students, to walk their bikes when on school property as a safety for everyone.

A friendly reminder that the staff parking lot should not be used by parents, for parking, nor pick up or drop off. Thank you for your understanding.

## UPCOMING FEBRUARY SCHOOL ACTIVITIES

<b>Monday/lundi</b>	<b>19</b>	<ul style="list-style-type: none"><li>• School is closed- Family Day</li></ul>
<b>Tuesday/mardi</b>	<b>20</b>	
<b>Wednesday/mercredi</b>	<b>21</b>	
<b>Thursday/jeudi</b>	<b>22</b>	<ul style="list-style-type: none"><li>• Festival du sucre @ 9 in the school Gym</li></ul>
<b>Friday/vendredi</b>	<b>23</b>	
<b>Weekend/Fin de Semaine</b>		
<b>Monday/lundi</b>	<b>26</b>	
<b>Tuesday/mardi</b>	<b>27</b>	
<b>Wednesday/mercredi</b>	<b>28</b>	<ul style="list-style-type: none"><li>• Pink Shirt Day and Black History month Assembly @9:15</li></ul>
<b>Thursday/jeudi</b>	<b>29</b>	
<b>Friday/vendredi</b>	<b>1<sup>st</sup></b>	

For monthly school activities and field trips, please visit Quarterway school [website](#).

Sincerely,  
Quarterway School Administration

