



# ÉCOLE QUARTERWAY

1632 Bowen Road Nanaimo, BC, V9S 1G6 Telephone 250 754 6845 Fax 250 754 6871

Dear Quarterway families, I hope this communication finds you and your loved one well.

# **PARENTS CORNER:**

The **Ministry of Education and Child Care**, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, founder of **Open Parachute**, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use.

# Key Takeaways for Participants:

- Learn why children/teenagers are drawn to substances.
- Understand what causes and maintains substance use disorder and needs.
- Increase your child's ability to make positive choices about substances.
- Acquire practical conversation tools for discussing substances in the home.

Participants must register in advance due to limited capacity: February 28, 6:00 –

7:30 pm PST - Click here to Register

# SPORTS CORNER

# **BASKETBALL SEASON**

Basketball season is here! Thank you to all our coaches and our sponsors. We still need volunteers' referees for our games. Grade 7 boys

• Monday practices 2:30 - 4:00 pm at Quarterway

• Wednesday games 2:45-3:45 pm wherever game takes place <u>Grade 7 girls</u>

• Tuesday practices 2:30-4:00 pm at Quarterway

• Thursday games 2:45-3:45 pm wherever game takes place <u>Grade 6 boys</u>



• Wednesday mornings - 7:45-8:30 am at Quarterway <u>Grade 6 girls</u>

• Friday afternoons 2:30-4:00 pm at Quarterway

# **READ - A THON**

Thank you to all the families that participated in the Read-A Thon. Don't forget to hand in your calendars with your reading minutes for prizes and submit pledges with <u>School Cash</u> <u>online Click Here</u>.

All proceeds are for the school Library.

#### WINTER IS HERE:

This is a friendly reminder that there is no sledding at school during school hours starting from 8:30 am to 2:40 pm. Sledding before 8:30 am and after 2:40 <u>under parent supervision, is acceptable.</u> Thank you for your cooperation on this matter.

# **MUSIC CORNER:**

For more information on upcoming music concerts regarding other grades' performances,

please follow the link below.

Music Newsletter

Concert Tab of Music Concert Website

#### DRESS FOR THE WEATHER:

Rain or shine, we will be having recesses outside. Please ensure that your child(ren) are dressed appropriately to be outside every day. A pair of indoor shoes is also a necessity as the weather becomes rainy. Changing out of our wet and muddy boots helps keep our school clean for everyone.

# **ABSENCES**

If your child is absent from school or you know of dates your child will be away, we would ask you to please email the school at <u>info.qw@sd68.bc.ca</u> or please call by 8:35 am at 250-754 - 6845. If we are unavailable to take your call, please leave a detailed message on our answering machine. Your child's safety is of the utmost importance to us.

#### **DROP OFF AND PICK UP**

The school provides supervision 15 minutes before school and after school. Students should not arrive at school prior to 8:30 am. Similarly, please ensure that your child(ren) is picked up at the end of the day by **2:26** pm. If you know you will be late, please contact the office a minimum of 15 minutes before the end of the day, so that the office staff can locate your child and relay the message.

We would ask parents, as well as students, to walk their bikes when on school property as a safety for everyone.

A friendly reminder that the staff parking lot should not be used by parents, for parking, nor pick up or drop off. Thank you for your understanding.



# UPCOMING FEBRUARY SCHOOL ACTIVITIES

Monday/lundi	26	
Tuesday/mardi	27	
Wednesday/mercredi	28	Pink Day Assembly @9:15
Thursday/jeudi	29	
Friday/vendredi	1st	Break-A-Rule Day
		<ul> <li>Hot Lunch – Bar Burrito /Cobbs</li> </ul>
Weekend/Fin de Semaine		
Monday/lundi	4	
Tuesday/mardi	5	
Wednesday/mercredi	6	Report Cards emailed home
Thursday/jeudi	7	
Friday/vendredi	8	Last Day of Classes Before Spring Break

For monthly school activities and field trips, please visit

Quarterway school <u>website</u>.

Sincerely, Quarterway School Administration



