

ÉCOLE QUARTERWAY

1632 Bowen Road
Nanaimo, BC, V9S 1G6

Telephone (250) 754 6845

Dear Quarterway families,

On behalf of the entire school community, I want to extend our deepest gratitude to our previous PAC executive for their dedication and leadership as the PAC Chair (Regan Snaith), Vice-chair (Kara Walsh) and member at large (April Somogyuari). Your commitment, hard work, have truly made a difference, and touched the wellbeing of so many students, parents, and staff members.

Throughout your time in this role, each of you have fostered a spirit of positive collaboration with school administration and teaching staff, to ensured that our school thrives.

As you step down from your individual position, please know that you will always be appreciated for everything you've done and will continue to do for our school community.

We are looking forward to working with our new PAC executive for the coming year.

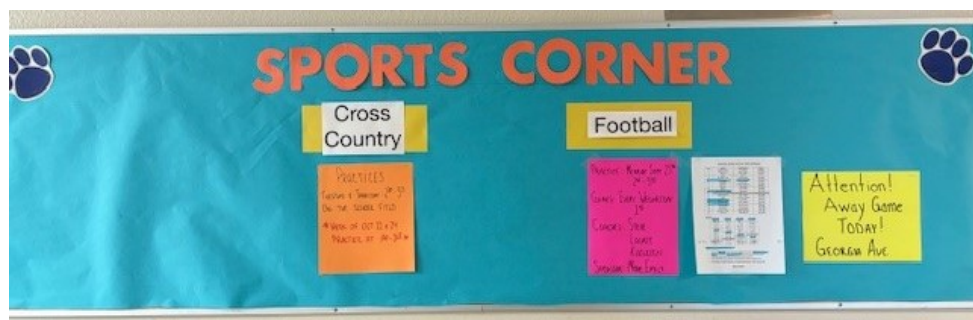
Spirit Wear

Spirit Wear is available to purchase on School Cash Online until November 2, 2024.

SPORT CORNER

Quarterway Cross Country:

Practices will run **Tuesdays and Thursdays 2:30pm-3:15pm**. Meet on the school field between the green park and portables. All grade 3-7 students welcome! Please return your permission form to your teacher.



Our zone meet is on Wednesday October 30th. Good luck to all our runners. Go Cougars.!

Quarterway Football

Our football team starts playoffs the week of October 21st. Good Luck Quarterway Team!

Grade 7 Volleyball League and Grade 5-6 Volleyball Season

Bantam Girls Grade 7 Volleyball

We are excited to announce that our volleyball practices will begin on November 7th! Practices will be held every Friday from 2:45 to 4:00 PM. We appreciate DJ Thomson for stepping in as our head coach this season! Merci DJ. Much appreciated! Please note that games will take place on Thursdays, and the schedule will be shared once it's available.

Bantam boys Grade 7 Volleyball

We are excited to announce that our volleyball practices will begin on November 4th! Practices will be held every Monday from 2:45 to 4:00 PM. We have booked some extra practices for Wednesday November the 6th and the 13th to get our students warmed up and ready for the season. We appreciate Laurie and Steven for stepping in as our coaches this season!

We are also looking for a referees for our games, so if anyone is interested or knows someone who might be, please let us know! Let's get ready for a great season! Please contact Erika or Caitlyn our grade 7 teacher sponsors for Bantam girls and boys. Erika.Traspedini@sd68.bc.ca or Caitlyn.Mcnicoll@sd68.bc.ca

PARENTS CORNER -COMMUNITY SERVICES

Building Better Tech Habits: A Guide to Digital Well-being

- <https://mediasmarts.ca/teacher-resources/building-better-tech-habits-guide-digital-well-being>

Anxiety Canada: Resources & programs for children, teens and adults

- <https://www.anxietycanada.com/>

ABSENCES

If your child is absent from school or you know of dates your child will be away, we would ask you to please email us at info.QW@sd68.bc.ca or call the school by 8:35 am at (250) 754 -6845. If we are unavailable to take your call, please leave students' name and teacher or division # message on our answering machine. Your child's safety is of the utmost importance to us.



DROP OFF AND PICK UP

The school provides supervision 15 minutes before school and after school. Students should not arrive at school prior to 8:30 am. Similarly, please ensure that your child(ren) is picked up at the end of the day by **2:29 pm**. If you know you will be late, please contact the office a minimum of 15 minutes before the end of the day, so that the office staff can locate your child and relay the message.

BELL SCHEDULE:

- Morning supervision begins at 8:30.
- Morning bell rings at 8:45am.
- Small Recess 10:15-10:30am, lunch recess at 11:45am -12:20pm.
- Dismissal time is 2:29 pm Monday to Friday.

UPCOMING OCTOBER SCHOOL ACTIVITIES

Monday/lundi	28	
Tuesday/mardi	29	
Wednesday/mercredi	30	<ul style="list-style-type: none">• Cross country Zone – 9:00 am
Thursday/jeudi	31	<ul style="list-style-type: none">• Halloween
Friday/vendredi	1st	<ul style="list-style-type: none">• Spirit Day- PJ• Hot Lunch- Sushi
La Fin de Semaine/Weekend		
Monday/lundi	4	
Tuesday/mardi	5	<ul style="list-style-type: none">• Kiosk information updates @
Wednesday/mercredi	6	
Thursday/jeudi	7	<ul style="list-style-type: none">• Remembrance Day Assembly @ 9:20 school Gym
Friday/vendredi	8	<ul style="list-style-type: none">• Professional Development – school is close

For monthly school activities and field trips, please visit Quarterway school [website](#). For more information and copies of the School Code of Conduct, Matrix, School Goals and Parent Handbook please visit our school [website](#).

For all questions, comments and/or feedback, please email us at info.QW@sd68.bc.ca or call the school by 8:35 am at (250) 754 -6845.

Sincerely,
Quarterway School Administration

